



Fertility Pregnancy Health Stage: Family Work Fun Experts Shop Tools Chats Boards

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Try elastogel to heal from a bad bite or other nipple pain. more

Base: Breastfeeding Support Group

Re: Any suggestions to help stop biting? HELP! (tagsfan)

Keywords: healing sore nipples

Date: Fri, 07 May 1999 03:44:16 GMT

From: mcgriffy

My LC gave it to me for swollen, inflamed, cracked nipples when Stella and I were first learning to nurse. It may not be mentioned in the books because I think it was only approved fairly recently for BF. It is used primarily for healing burns, I believe.

It is WONDERFUL! It is a sanitary, firm gelatin like stuff that you can lay directly over your nipples between nursings, and no need to wash it off before nursing, either. It's so nice and cool and wet it feels terrific and instantly soothes, in addition to helping heal. You can use the same little piece for a day or so, especially if you put it in the fridge when you don't have it on. I would put mine on a saucer when we nursed and stick it in the fridge.

I don't know much more than that. The LC at St. David's hospital here in Austin gave it to me.

All the ideas about stopping biting sound pretty good. I can't talk much because DD doesn't have teeth yet, but with her gummy bites I found that putting her on the floor really made her realize she'd made a mistake.

-- Candace (and Stella 7/19/98)



No Messages

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